

“It is not where you start but how high you aim that matters for success.”

– Nelson Mandela

EMPOWERED FOR SUCCESS

Volume 4, Issue 1

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EWI EXPANDS IT'S REACH



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Special points of interest:

Please look out for our newsletter every quarter!

All information about EWI and its events can be found on our website empoweryouthint.org.

Donations can be made directly to Empower Youth International account at the Bank of Nova Scotia .

Empower Youth International has collaborated with the Probation Department and the Child Care Board to expand its programme in the community. Youths have been taking part in the six (6) months programme which has various degrees of success. Director Franz Harewood Hamblin notes “ I am happy with the success of many of the participants in the programme . I have seen behavioral changes in a number of youth. In addition, some of the participants have gone on to accomplish major life goals such as attending Barbados Community College (BCC) and the youth service.”

EWI Unlocks Youth Potential !

Youth highlighted that though many of them face negative peer pressure they can still make a difference in the lives of their peers and community . Participants in the programme were taught practical skills such as:

- CPR & First Aid
- How to make cosmetics
- Drug prevention
- Entrepreneurship



EWI's director Mrs. Franz Harewood-Hamblin speaking to participants in the teen mentorship in 2016.



EWI participant learning CPR & First Aid

RANDOM ACTS OF KINDNESS

50 BARBADOS PLEDGE

EYI Director Mrs. Franz Harewood-Hamblin took the pledge to perform random acts of kindness during the month of November to celebrate Barbados 50th Independence Anniversary. She encourages every Barbadian to show pride in the nation and to encourage the youth to strive for greatness. Show random acts of kindness!!

← Take the pledge to perform random acts of kindness, Franz did so, so can you!



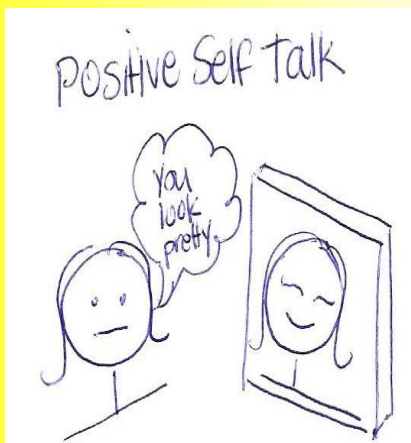
Random Acts of Kindness continues in the month of December!

In continuing its random acts of kindness, Empower Youth International (EYI) decorated the Pediatric Ward as part of their community outreach project for Dec, 2016. The group visited and decorated the ward during the Christmas Holiday season around the first week in December of 2016.



EYI team happily decorated the Pediatric Ward

Developing a Good Self Image.



The power of a positive self-image. Love your body and love yourself regardless of how big or small you are. You are beautifully and wonderfully made!

- * Silence your negative inner voice.
- * Stop waiting for the approval of others.
- * Learn to accept yourself.

- * Make a list of your qualities and values.
- * Avoid being a perfectionist.

Take a moment to appreciate how amazing you are



YOUTH LEARN HOW TO MAKE COSMETICS

Participants of Empower Youth International and volunteers learnt how to make cosmetics from students of the Barbados Community College (BCC) who facilitated the session. Entrepreneurial students gave tips on how to start a business and provided a demonstration on how to make cosmetics. Some of the products included:

- ◆ Soap
- ◆ Body lotion
- ◆ Blush

Youth reactions to the session were very positive as a result of participating in the session. EYI's members were inspired to start their own business. Miss Annette Maynard and students demonstrated how to make the beauty products.



Some of the beauty products created: soaps, body lotion, blush etc.



EYI participants being taught how to create beauty products.



Ms. Annette Maynard and students demonstrate how to create the products



STUDENT ENTREPRENEURSHIP EMPOWERMENT DEVELOPMENT PROGRAMME

Director of EYI- Mrs. Franz Harewood-Hamblin is participating in this University of the West Indies training programme to hone her entrepreneurship skills. She has already completed courses in Strategic planning, Accounting and Business etiquette. She will be taking part in the 2017 entrepreneurship competition. Good luck Franz!! We wish you all the best!

OUR HISTORY, OBJECTIVES & COMMITMENT

OUR HISTORY

Empower Youth International (E.Y.I) is a registered non-profit organisation which was founded on November 2, 2012 by social worker Mrs Franz Harewood-Hamblin to serve at risks youths between 5-17 years old. As incidences of youth violence increase, the founder of **E.Y.I** felt compelled to create opportunities for young people to be empowered emotionally, intellectually and physically. **E.Y.I** is committed to using skilled volunteers and professional staff to implement various prevention programmes

OUR SLOGAN

“Empowering youths, impacting communities”

OUR OBJECTIVES:

- 1.To provide valuable learning opportunities, aid and support.
- 2.To establish, operate and promote Empower Youth International nationally and internationally
3. To establish or assist in the provision and promotion of

social and educational programmes for vulnerable children.

4. To build supportive and collaborative links with social agencies, organisations and individuals with similar aims.

OUR COMMITMENT

- Encourage Youth Advocacy
- Enhance youth coping skills
- Decrease juvenile crimes and deviant behaviors

VOLUNTEER OPPORTUNITIES

Volunteers not only provide Empower Youth with needed human services, but volunteers allow us to offer a more compassionate service to vulnerable children we serve in developmental and recreational programmes. In return, we strive to provide all of our volunteers with a rewarding experience that matches their interests.

Volunteer Opportunities Include:

- **Volunteering** for our Events or Drives.
- **Tutors/Mentors** (to children 6-17years (Background checks required)
- **Office Support** Help with website, facebook , newsletters)
- **Counsellors** (Help provide one to one counselling or group counselling(BS. in Social Work / Psychology).



Special Thanks

We would especially like to thank the **Probation Department , the Child Care Board and Community Development Department** for their partnership and continue support of Empower Youth International. Additionally a special thanks to the **New Testament Church of God** for use of the facilities. Special thanks also goes to the volunteers who gave their time and resources to ensuring the programme was success-



ful and that the youths were provided with reliable and good mentorship during the sessions. A special thanks to the parents, speakers and participants for their support and contribution to the programme. **Special**

thanks to organizations such as:

- (ICBL) Insurance Corporation of Barbados Limited.
 - Wibisco
- For their support of the Empower U mentorship programme.

Empowered for Success Newsletter

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Empowering Youth, Impacting Communities

We are on the web check us
out at empoweryouthint.org

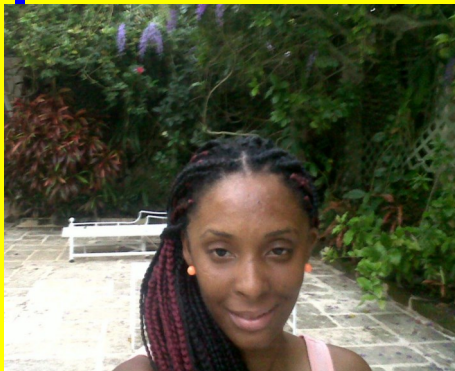


WHY CHOOSE EMPOWER YOUTH INTERNATIONAL?

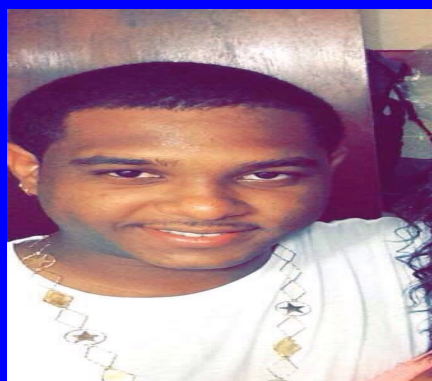
Advantages for young people:

- Offers young people opportunities for leadership development
- Young people will develop important interpersonal skills.
- Young people will acquire self-confidence and self-esteem.
- It can help reduce the risk of being involved in unsafe activities such as using illegal drugs.

SOME OF EYI'S VOLUNTEERS PROFILES



Vicky Venner holds a Bachelors degree in Psychology. From her second year of studying Psychology, she knew that counseling was her passion. She volunteers at the Centre for Counselling Addiction Support Alternatives (CASA) and was a mentor for Supreme Counselling for Personal Development for two years. She was excited about joining EYI, since the organization assists the youth. Her purpose is to help make a positive change in adolescent lives.



Eddie Rodney is a third year student at the University of the West Indies Cave Hill, pursuing his degree in Management with Psychology. His aim is to offer his time to young people letting them know that someone cares and that the world is not a bad place. According to him, that sense of hope should be a light keeping them on track. This is why he likes EYI



Justinian Charles is a second year student at the University of the West Indies Cave-Hill Campus. She majors in both Sociology and Law. Anything involving youth empowerment or helping the youth to achieve greatness or success gains her interest, hence she chose to volunteer with EYI.